

Date: Spring 1970

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Category: Gordon and other Talks-Reports

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## Meditation "The Master in the Heart"

Read Objective: - Let a man

I Visualize the three vehicles of lower man, - physical, emotional, and mental, - aligned and in rapport with the overshadowing soul.

II Sound "Om" three times

At the first time you are clearing the mental body of all cluttered thoughtforms.

Sound the second little louder, - and stabilize the emotional Body.

Sound the third louder, aligning the physical body and bringing all three into harmony.

III Read Obligation:

I solemnly pledge myself,

IV Think of the etheric heart center and picture it as a twelve petalled Golden lotus closed.

Sound the "O M" silently and imagine the lotus slowly expanding and unfolding in response to that inner sound until the inner center is seen as a radiating whirlpool of blue electric light.

Now build in the center, a picture of the Master in the Heart. Build it with care, love and attention, realizing the Master as embodying your ideal of the higher consciousness, of all the virtues, and scintillating with all the colors and vivified by your love for Him.

#### V Meditation

Now raise your conc. into the head to the etheric center between the eyebrows and meditate on this seed thought:

"The will of the soul becomes my will. I know  
nothing. That will is love and peace and  
power and strength to live. It leads me on  
to death to the Cross and the Resurrection.  
It has only come to raise and lift my fellow men."

To Be Light  
To Go South and Spread the Light



## Group Development

### Level I

1. Self Awareness
2. Self Understanding
3. Self Development
4. Spiritual Insight

} Equips a group  
to work together  
in Union

### Level II

The members of these groups must be mature  
souls who are ever-working on improvement  
of self, outside of the group.

They must have established a certain knowledge  
foundation of esoteric knowledge and have  
somewhat stabilized themselves physically,  
emotionally and mentally.

1. Group Unity & Love
2. Group Purpose
3. Group Service
4. Group Development

### Level III

showing as a Group to accomplish -  
fulfill - a specific part of the Great Plan  
for the Development of Humanity

# Level III



group forming at level I  
and entering to group at level II  
with the first purpose group  
the group attempts to accomplish  
purpose through study & service  
and in accomplishing it - results in initiation  
then a new purpose or higher step of  
that purpose enters - so on  
when 7th is reached Chint Body  
of group is developed and  
Lord Krishna enters the group  
using the developed body  
to teach group how to be  
in a more spiritual way  
to accomplish more on that plane  
etc.

WILL YOU EXCEPT THIS CHALLENGE

~~Lesson~~

Purpose - Initiates -

Purpose "

"

"

"

"

"

"

"

"

when all  
services accomplished  
master appears  
in Christ body  
developed

Birth  
of Christ  
spirit

Purpose Initiates

when Christ Body developed  
Master uses body to develop  
us to high level in teaching  
and how to work more on other  
side w/ in spirit

Group Energy helps to get more done  
together than if we were alone  
doing same.

Find ourselves - within

Healing -

Working on other side

Healing on

- Physical
- Emotional
- Mental
- Spiritual

- Helping those in hospital -

Grow spiritually until at the very least  
our lives reflect the Christ Light  
so much that it will draw others to  
it

To Become one w/ Light

To Be Light

To Go Forth and Spread the Light

For decades mankind has observed and questioned the events that have taken place in the Bermuda Triangle. What is the cause of these strange occurrences and what happens to the people and crafts that seemingly disappear without a trace? Are the events caused by some natural force, by some extraterrestrial force, or by some manmade force?

First let's look at some of the events that have happened over the last few years and then see if we can come up with an explanation. Over the past few hundred years there have been several recorded events of boats, cargo, and people disappearing without a trace. Here I want to point out just a few of the events to give you an idea of what does take place. Flight 19

At 2:10 P.M. December 5, 1945 four Grumman T-6 Texan bombers roared down the runway of the Fort Lauderdale Naval Air Station and winged their way into the greatest aviation mystery of all time, an event that was later to be called the Mary Celeste of the Sky. Flight 19 was scheduled for a routine patrol - 160 miles straight east, north 40 miles,

then 120 miles directly back to base. Total time was estimated to be two hours. Averages normally carried a crew of three, counting the pilot, but one man failed to show that day. The other 14 crewmen who went out ~~did~~ not return.

The first message from the patrol came at 3:45, the time they were to have requested landing instructions. Instead, they sent a strange message.

"Control tower, this is an emergency." "We seem to be off course. We cannot see land. repeat, we cannot see land."

"What is your position?" the tower asked. "We're not sure of our position," replied the patrol leader, "We can't be sure of where we are, we seem to be lost."

This seemed quite impossible to those on the ground because they needed to do so. fly directly toward the sun, which was then approaching the horizon, or they would have crossed the coast very near the base. But from the message it appeared that the sun was invisible to them.

For several minutes conversation took place and at 4:25 the leader called the tower, "We're not certain where we are. We must be about

225 miles north east of base - it looks like we are."

Then silence

A giant Martin Mariner flying boat with a crew of 13 immediately took off for Flight 19's last estimated position. Equipped with full survival and rescue gear, the plane was able to land on the rough-hewn of seers. The tower called the Avengers to let them know help was on the way, but received no reply.

The Mariner sent several routine radio reports indicating that it was approaching the position of the five Avengers but could not yet see anything. Then, an ominous silence pervaded the tower as the controller waited for further messages from the rescue plane. None ever came.

This is the most famous of the known disappearances. But there are others. Many

others. The British York Transport Feb 1953

The Marine Sulphur Queen Feb 1963

CH-19 Flying Boxcar June '65

Witchcraft Dec. '67

Scorpion May '68

Now let's look further and see if we can determine what is the cause of these events. In order to get a complete understanding of the happenings we will have to divert our discussion for a moment from the Bermuda Triangle and delve into metaphysical philosophy.

There is a phrase, "As above so below, and as below so above." Such is the case throughout the universe. Within the Microcosm of man can be seen the Macrocosm of the universe. When you begin to study man, both physical and spiritual man, you soon come across the teaching concerning the Chakra System within man. The Chakra System is an intricate system of Vortexes of energy which manifest itself on the spiritual double etheric body and overlaid over the physical body. Through the Chakra System, energy from the spiritual bodies of man are stepped down or feed into the physical body, life giving and life sustaining energy.

to maintain a physical expression.  
The chakras correspond with and overlap  
certain major organs and glands. There  
are 7 major and 6 minor chakras with  
hundreds of other minor pressure points.  
It is through the nervous system  
and Chakra system that the spirit of  
man makes and maintains its contact  
with its physical expression, the human  
body.

Now for a moment let's again go  
back to our original discussion on  
the Bermuda Triangle. Many theories  
have been set forth over the years  
as to the why of the Triangle. Many  
say that beneath the waters of the  
Atlantic lies the ruins of the  
Atlantian Civilization and there among  
the ruins lies a large crystal. This  
crystal was used by the Atlantians  
as a source of energy for transporting  
crafts as well as energy for weapons  
and many other uses. It is believed  
that the crystal is still active and  
at times becomes activated and

at these times send forth its rays of energy which disintegrates physical matter and returns it back to its original pure energy state of being.

Another theory concerning the events, is the belief that extraterrestrial beings are creating certain conditions which transport men and craft into another place and possibly time. ~~It is not known~~ and the results we can only guess. Possibly to observe and conduct that. But if this is the case, why pick out one certain area as the Bermuda Triangle and why have it during only certain periods of the year where the event of disappearance is higher than in other periods. For instance more disappearances occur during November, December and January than any other time. If it is extraterrestrial life creating the phenomena, why couldn't they do it somewhere else any spot on the earth and limit themselves to an area of water that until a few years ago wasn't even traveled that much.

Yet another theory is that there is a doorway, a natural phenomenon, inasmuch as no one for sure knows. A doorway to other dimensions beyond this one. Possibly, yes, but again we get into questions. What is the cause of this doorway, where does it lead, what happens to the people and items that pass through it, and why, if this is a doorway does it appear to be one way, allowing one to go through from the 3rd dimension to the beyond, but no one or thing passing through from the beyond into the 3rd dimension? Also, why would the doorway tend to be more active at one time during the year and inactive in other? Also, if this is a doorway into dimensions beyond, why is it that sometimes people and craft disappear and yet other times only people disappear and the craft remain? Also sometimes, people will disappear but the craft get out and stay remain behind in the craft? Why? Why would a doorway such as this be so selective? Is it really a process of selection?

Others theorize that the loss at sea is caused by violent storms which destroy everything in its path, leaving no trace of ship, people, or cargo. If this is the case, why isn't some form of oil slick or some trace of the ship found? Also how is it that people and animals disappear from a ship, leaving a ship in good shape? Some say the people were thrown overboard, which might be possible, but a violent sea is necessary in order for that to happen. If that is the case, why have there been cases where a table set with warm food has been found and yet no one aboard. A violent sea surely would have dumped much of the food, yet the case is just the opposite, everything on board is where it belongs.

Now I want to present to you what I feel is taking place in the Bermuda Triangle or elsewhere in the world. I say elsewhere, because there are twelve such areas on the earth where events like those of the Bermuda Triangle take place. The Bermuda Triangle is so well known

to us here in the states because it is the one closest to home. The one in the Indian Ocean is just as well known in that part of the world and is just as much avoided. But now on with my theory.

Earlier I talked on the Chakra system of man and I also stated "As above so below." The microcosm of man is a reflective copy of the macrocosm of the universe. Within the makeup of Spiritual, Mental, Emotional, and physical man is the reflection of the creation and existence of the universe.

Man's beginning stems from a state in spirit within the Monadic planes. It is from this point of being that an extension is sent out into the Universal physical expression to experience can grow the knowledge obtained. Such also is it within the Universal being. Within our Solar System